

## PRESCHOOL - DAILY ROUTINE

**Opening Hours: 7:30 – 16:30:** Teachers allow for flexibility and attend to individual needs of each child when applying the daily routines.

### Pre-nursery and Nursery

TIME	ACTIVITIES	NOTES
7:30 – 8:30	Self initiated play and activities, games, settling in	Whole preschool together.
8:30 – 8:45	<b>Morning Exercise</b>	Songs, movements, rhymes and games
8:45 – 8:55	<b>PSED</b>	Personal, social and emotional development.
8:55 – 9:45	<b>Communication, Language and Literacy + Mathematical Development</b>	The children participate in teacher directed activities to acquire the English Language through rhymes, songs, and stories, practise general motor movements, learn counting, colour and shape recognition.
9:45 – 10:00	Snack	
10: 10 – 12:00*	<b>Art and Craft, Play, Outside</b>	The children are engaged in various activities: arts and crafts, role and imaginary play, sand and water play, gardening, using the monkey bars and playground, playing chasing, ball and didactic games.
12:15 – 13:00	Lunch, hygiene getting ready for the quiet time	
13:00 – 14:30	Story and Quiet Time	Children enjoy stories together and have an opportunity to sleep.
14:30 – 15:00	Snack	
15:00 – 16:30	Self initiated play, activities and games, clean up and getting ready to go home	Whole preschool together.

\*These activities often take place outside, depending on the weather snack is served outside too.

### Reception

TIME	ACTIVITIES	NOTES
7:30 – 8:30	Self initiated play and activities, games, settling in	Whole preschool together.
8:30 – 8:45	<b>Morning Exercise</b>	Songs, movements, rhymes and games
8:45 – 8:55	<b>PSED</b>	Personal, social and emotional development.
8:55 – 9:45	<b>Communication, Language and Literacy + Mathematical Development</b>	The children participate in teacher directed activities to acquire the English Language through stories. Develop their pre-writing and pre-reading skills. The children learn how to count and recognise numbers, reason and solve problems.
9:45 – 10:10	Snack	
10: 10 – 11:00*	<b>Art and Craft, Exploring the World</b>	The children are engaged in various activities: arts and crafts, role and imaginary play, learning how to count and recognise numbers, reason and solve problems, carrying out experiments, exploring, water and sand play.
11:00 – 12:30	Outside	The children can play freely; do gardening, using the monkey bars and playground, playing chasing, ball and didactic games.
12:30 – 13:10	Lunch, hygiene getting ready for the quiet time	
13:00 – 13:45	Story and Quiet Time	Children enjoy stories together and have a rest while listening to a calm music.
13:45 – 14:40	<b>Art and Craft</b>	Art and crafts, teacher's directed games, self-initiated play and activities.
14:40 – 15:00	Snack	
15:00 – 16:30	Self initiated play, activities and games. Clean up and getting ready to go home	Whole preschool together.

\*These activities often take place outside, depending on the weather snack is served outside too.